

2428/302

**COUNSELLING PSYCHOLOGY, SOCIAL  
REHABILITATION AND REINTEGRATION**

Oct. /Nov. 2022

Time: 3 hours

**THE KENYA NATIONAL EXAMINATIONS COUNCIL****DIPLOMA IN SOCIAL WORK AND COMMUNITY DEVELOPMENT  
(SOCIAL WORK OPTION)****MODULE III****COUNSELLING PSYCHOLOGY, SOCIAL REHABILITATION  
AND REINTEGRATION****3 hours****INSTRUCTIONS TO CANDIDATES**

*This paper consists of EIGHT questions in TWO sections; A and B.*

*Answer FIVE questions in the answer booklet provided as shown below:*

*any TWO questions from section A;*

*any TWO questions from section B;*

*any other ONE question from either section A or B.*

*All questions carry equal marks.*

*Maximum marks for each part of a question are as indicated.*

*Candidates should answer the questions in English.*

**This paper consists of 3 printed pages.**

**Candidates should check the question paper to ascertain that  
all the pages are printed as indicated and that no questions are missing.**



**SECTION A: COUNSELLING PSYCHOLOGY**

1. (a) (i) Explain the meaning of each of the following terms:
- (I) rehabilitation; (2 marks)
  - (II) reintegration. (2 marks)
- (ii) Explain **three** uses of records in counselling. (6 marks)
- (b) Analyze **five** factors that make counselling a process. (10 marks)
2. (a) Describe **five** factors that may contribute to an individual's need for counselling. (10 marks)
- (b) Explain **five** ways in which the structuring skill in counselling benefits a client. (10 marks)
3. (a) Analyze **five** challenges experienced by counsellors in their profession. (10 marks)
- (b) (i) Differentiate between 'individual' and 'group' counselling. (4 marks)
- (ii) Describe each of the following types of communication in counselling.
- (I) olfactory smell; (2 marks)
  - (II) spatial; (2 marks)
  - (III) oral communication. (2 marks)
4. (a) Analyze **five** ways a counsellor may enhance an effective counselling relationship. (10 marks)
- (b) Explain **five** roles of committee members in developing a society's counselling programme. (10 marks)

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**SECTION B: SOCIAL REHABILITATION AND REINTEGRATION**

5. (a) Describe **five** characteristics of learners with mental disabilities. (10 marks)
- (b) Analyze **five** causes of sexual violence in today's society. (10 marks)
6. (a) Explain **five** limitations of theories of social deviation. (10 marks)
- (b) Describe **five** effects of crime on society. (10 marks)
7. (a) (i) Distinguish between 'autism' and 'epilepsy'. (4 marks)
- (ii) Explain **three** strategies a teacher may use to support a learner with epilepsy. (6 marks)
- (b) Analyze **five** ways the media may justify the statement "disability is not inability". (10 marks)
8. (a) Describe each of the following anxiety disorders:
- (i) generalized; (2 marks)
- (ii) obsessive-compulsive; (2 marks)
- (iii) panic; (2 marks)
- (iv) post-traumatic stress; (2 marks)
- (v) social anxiety. (2 marks)
- (b) Explain **five** challenges that may be experienced by same sex relationships. (10 marks)

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